

# WHAT FOODS ARE TOXIC TO DOGS + CATS?

## Alcohol



## Avocado

## Caffeine

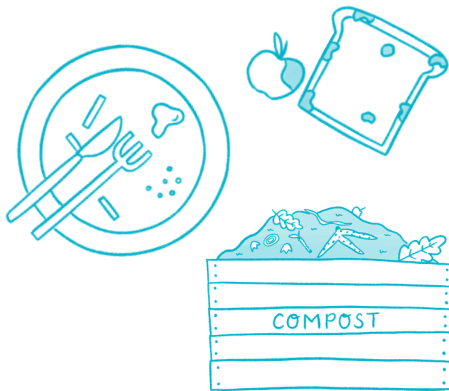
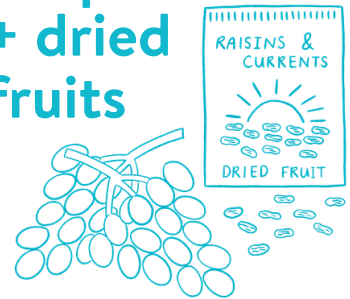


## Chocolate



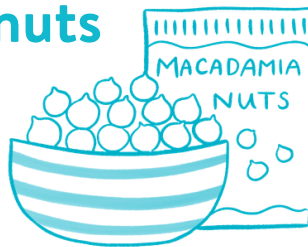
## Foods with stones

## Grapes + dried fruits



## Leftovers/ compost

## Macadamia nuts



## Allium: onions, garlic, leeks, chives, shallots, etc



## Salt



## Xylitol (artificial sweetener)

# WHAT FOODS ARE TOXIC TO DOGS + CATS?

## Alcohol

Pets lack the enzymes to metabolise alcohol effectively. Ingestion can cause central nervous system (CNS) depression.

The high fat content can cause stomach upset, and the pit poses a foreign body and choking risk if swallowed.

## Avocado

## Caffeine

A stimulant that can affect the nervous, cardiovascular, and gastrointestinal systems.

## Chocolate

The darker the chocolate, the higher the concentration of theobromine and, consequently, the greater the risk.

These foods can cause a blockage if the pit is swallowed.

## Foods with stones

## Grapes + dried fruits

Even ingested in small amounts, these fruits are highly toxic.

Mouldy leftovers can be extremely toxic to dogs and cats due to the presence of mycotoxins.

## Leftovers/ compost

## Macadamia nuts

The exact toxin in macadamia nuts isn't fully identified, but ingestion can cause a distinctive syndrome in dogs, leading to gastric and neurological symptoms.

## Alliums: onions, garlic, leeks, chives, shallots, etc

Alliums contain toxins called disulfides and thiosulfates, which can damage red blood cells and lead to anaemia.

Too much sea water, de-icing salt, or table salt can lead to vomiting, diarrhoea, loss of appetite, lethargy, incoordination, and excessive thirst or urination

## Salt

A common sugar substitute, xylitol is lethal to dogs and can cause hypoglycaemia and liver failure.

## Xylitol (artificial sweetener)